



Lively Mountain Wind

Choreographed by Compagnie Country Dance Vallée d'Aoste

Description: phrased, 4 wall, level intermediate, line dance

Music: The Wind by Zac Brown Band [136 bpm / CD: Uncaged]

Intro: 8 counts, then start dancing

Sequence: Tag1-A-A-A(1-24)-Tag2-Tag1-A-A-A(1-24)-Tag2(only 2 last counts)-B-B(1-28)-A-A-A-Tag1(only 4 first counts)

PART A (32 counts)

SECTION 1 (1-8)

VAUDEVILLES, KICK FORWARD 1/8 TURN RIGHT, CROSS-SIDE-CROSS

- 1&2& Cross right over left, step left diagonally back, touch right heel diagonally forward, step right together
- 3&4& Cross left over right, step right diagonally back, touch left heel diagonally forward, step left together
- 5 Kick right diagonally forward turning 1/8 right
- 6 Kick right diagonally forward turning 1/8 right
- 7&8 Cross right behind left, step left to side, cross right over left (weight to right) (12:00)

SECTION 2 (9-16)

KICK FORWARD 1/8 TURN LEFT, CROSS-SIDE-CROSS, TURN ¼ RIGHT, SHUFFLE FORWARD, STEP, TURN ¾ RIGHT

- 1 Kick left diagonally forward turning 1/8 left
- 2 Kick left diagonally forward turning 1/8 left
- 3&4 Cross left behind right, step right to side, cross left over right (weight to left) (12:00)
- 5&6 Turn ¼ right and chassé forward right-left-right
- 7-8 Step left forward, unwind ¾ right (weight to right)

SECTION 3 (17-24)

SIDE SHUFFLE, ROCK STEP, HOOK, SWINGS, STOMP

- 1&2 Chassé side left-side-left
- 3-4 (Jumping slightly) Rock back on right with kick left diagonally forward turning body 1/8 right, recover to left
- 5 Hook right behind left knee slapping foot with left hand
- & Swing right heel out right side turning body 1/8 left slapping foot with right hand
- 6 Swing right heel over in front of left knee slapping foot with left hand (12:00)
- 7-8 Stomp right forward, stomp left together



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SECTION 4 (25-32)

SIDE TOUCHES ¼ TURN LEFT x 3, TOUCH, CROSS-BACK-BACK, CROSS, FLICK

- 1& Touch right toe to right side, turn ¼ right on left
- 2& Touch right toe to right side, turn ¼ right on left
- 3& Touch right toe to right side, turn ¼ right on left
- 4 Touch right toe to right side (weight to left)
- 5&6 Cross right over left, step left back, step right back
- 7-8 Cross left over right, flick right to right side slapping foot with right hand (weight to left)(3:00)

PART B (32 counts)

SECTION 1 (1-8)

SWIVEL RIGHT AND TURN ¼ RIGHT, SWIVEL LEFT AND TURN ¼ LEFT

- 1&2 Swivel right toe out, swivel right heel out, swivel right toe turn ¼ right (the body is on 12:00, only right toe is turned ¼ right)
- 3&4 Swivel right toe in, swivel right heel in, swivel right toe in (12:00)
- 5&6 Swivel left toe out, swivel left heel out, swivel left toe turn ¼ left (the body is on 12:00, only left toe is turned ¼ left)
- 7&8 Swivel left toe in, swivel left heel in, swivel left toe in (weight to left) (12:00)

SECTION 2 (9-16)

HEEL AND TOE SYNCOPATION ¾ TURN LEFT, JUMP OUT-IN-CROSS

- 1& Touch right heel forward, turn ¼ left and step right in place
- 2& Touch left toe back, turn ¼ left and step left in place
- 3& Touch right toe back, turn ¼ left and step right in place
- 4 Touch left heel forward (3:00)
- 5-6 Jump out with both feet, jump in with both feet crossing right foot over left
- 7-8 Jump out with both feet, jump in with both feet crossing right foot behind left (weight to left) (3:00)

SECTION 3 (17-24)

TOE, HEEL, HEEL-HOOK-HEEL

- 1-2 Touch right toe back, touch right heel forward
- &3&4 Step right in place, touch left heel forward, hook left over right, touch left heel forward (weight to right)
- 5-6 Touch left toe back, touch left heel forward
- &7&8 Step left in place, touch right heel forward, hook right over left, touch right heel forward (weight to left)

SECTION 4 (25-32)

SIDE-BACK-CROSS, COASTER STEP ¼ TURN RIGHT, FULL TURN LEFT, STOMP

- 1&2 Step right to side, step left back, cross right over left
3&4 Step left to side, turn ¼ right and step right next to left, step left forward
5-6 Turn ½ left and step right back, turn ½ left and step left forward (6:00)
7-8 Stomp right in place, stomp left together

TAG 1 (8 counts)

SECTION 1 (1-8)

STEP, FULL TURN LEFT, STOMP, HOLD, PIVOT ½ TURN LEFT

- 1-2 Step right forward, full turn to left on right foot (12:00)
3-4 Stomp right next to left, hold
5-6 Step right forward, turn ½ left (weight to left)
7-8 Step right forward, turn ½ left (weight to left) (12:00)

TAG 2 (6 counts)

SECTION 1 (1-6)

JAZZ JUMPS & CLAP, BOUNCE HEEL

- &1-2 Jump out forward on right foot & step left side to left, clap (weight to left)
&3-4 Jump in back on right foot & step together left, clap (put weight on both feet)
5-6 Bounce heels 2 times (12:00)

FOLLOW THE SEQUENCE AND HAVE FUN!

Thanks to all "Compagnie" dance club for this great experience made together

Link video on Youtube → <http://www.youtube.com/watch?v=g298ziXZMJ4>
<http://www.youtube.com/watch?v=leVbUCNVtEY>



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